

Brownie Skills badge

* Plan a healthy packed lunch. What types of food you need to eat to keep healthy?

What's in my packed lunch? Draw and label

What types of food do you need?

* Use the bus timetable below to plan the following journeys.

Journey 1 - Coulsdon to Croydon; on a Monday what bus time would I catch to arrive in Croydon at 1531?

Journey 2 - Redhill to Coulsdon; what time does the Saturday bus that leaves Redhill at 1127 arrive in Coulsdon?

Journey 3 - Plan a journey for both weekdays and a Saturday that leaves Hooley and arrives in South Croydon by 1500.

Weekday

Saturday

405 Redhill – Purley – Croydon

405		Mondays to Fridays																			
Redhill Bus Station	0600	0619	0634	0649	0702	0715	0730	0744	0759	0814	0829	0844	0859	0914	0928	0942	0956	1011	1026		
Merstham Feathers	0606	0625	0640	0655	0709	0722	0737	0752	0807	0822	0837	0852	0907	0922	0936	0949	1003	1018	1033		
Hooley Star Lane	0611	0631	0648	0705	0719	0732	0747	0802	0817	0832	0847	0901	0916	0929	0942	0955	1009	1024	1039		
Coulsdon Red Lion	0619	0639	0656	0714	0729	0742	0757	0812	0827	0842	0857	0911	0926	0939	0951	1004	1018	1033	1048		
Purley Cross Banstead Road	0625	0646	0705	0724	0739	0753	0808	0823	0838	0853	0908	0922	0937	0948	1000	1012	1026	1041	1056		
Pampisford Road Kendra Hall Road	0630	0651	0710	0730	0745	0800	0815	0830	0845	0900	0914	0928	0943	0953	1005	1017	1031	1046	1101		
South Croydon Swan & Sugar Loaf	0634	0655	0714	0734	0751	0806	0821	0836	0851	0905	0919	0933	0947	0957	1009	1021	1035	1050	1105		
Croydon Katharine Street	0638	0659	0718	0738	0756	0811	0826	0841	0856	0910	0924	0938	0952	1002	1014	1026	1040	1055	1110		
West Croydon St Michael's Road	0641	0703	0722	0742	0800	0815	0830	0845	0900	0914	0928	0942	0956	1006	1018	1030	1044	1059	1114		
		SD																			
Redhill Bus Station	1041	1056				1356	1411	1426	--	1439	1453	1508	1523	1537	1551	1606	1621	1636	1650	1705	
Merstham Feathers	1048	1103				1403	1419	1434	--	1447	1501	1516	1531	1546	1600	1615	1630	1645	1659	1714	
Hooley Star Lane	1054	1108				1408	1424	1439	--	1452	1506	1521	1537	1552	1607	1622	1637	1652	1708	1723	
Coulsdon Red Lion	1103	1117				1417	1433	1448	--	1502	1516	1531	1547	1602	1617	1632	1647	1702	1718	1733	
Purley Cross Banstead Road	1111	1125				1425	1441	1456	1501	1510	1525	1540	1556	1611	1626	1641	1656	1711	1727	1742	
Pampisford Road Kendra Hall Road	1116	1130				1430	1446	1502	1505	1517	1532	1547	1602	1617	1632	1647	1702	1717	1733	1748	
South Croydon Swan & Sugar Loaf	1120	1134				1434	1451	1507	1509	1522	1537	1552	1607	1622	1637	1652	1707	1722	1738	1753	
Croydon Katharine Street	1125	1139				1439	1456	1512	1514	1527	1542	1558	1613	1628	1643	1658	1713	1728	1744	1759	
West Croydon St Michael's Road	1129	1143				1443	1500	1516	1517	1531	1546	1602	1617	1632	1647	1702	1717	1732	1748	1803	
Redhill Bus Station	1721	1736	1752	1807	1821	1836	1850	1905	1920	1940	2000	2020	2050	2120	2150	2220	2250	2320	2350		
Merstham Feathers	1730	1745	1800	1814	1828	1843	1857	1911	1926	1946	2006	2026	2056	2126	2156	2226	2255	2325	2355		
Hooley Star Lane	1739	1754	1809	1822	1835	1849	1902	1916	1931	1950	2010	2030	2100	2130	2200	2230	2259	2329	2359		
Coulsdon Red Lion	1749	1804	1818	1831	1844	1857	1910	1924	1938	1957	2017	2036	2106	2136	2206	2236	2305	2335	0005		
Purley Cross Banstead Road	1758	1813	1827	1840	1852	1905	1917	1931	1945	2003	2023	2042	2112	2142	2212	2241	2310	2340	0010		
Pampisford Road Kendra Hall Road	1804	1818	1832	1845	1857	1910	1922	1935	1949	2007	2027	2046	2116	2146	2216	2245	2314	2344	0014		
South Croydon Swan & Sugar Loaf	1809	1823	1836	1849	1901	1914	1926	1939	1953	2011	2030	2049	2119	2149	2219	2248	2317	2347	0017		
Croydon Katharine Street	1814	1828	1841	1854	1906	1918	1930	1943	1957	2015	2034	2053	2123	2152	2222	2251	2320	2350	0020		
West Croydon St Michael's Road	1818	1832	1845	1858	1910	1922	1934	1947	2000	2018	2037	2056	2126	2155	2225	2254	2323	2353	0023		
405		Saturdays (also Good Friday)																			
Redhill Bus Station	0600	0630	0700	0730	0750	0810	0830	0845	0900	0915	0930	0945	1000	1014	1028	1043	1057	1112	1127		
Merstham Feathers	0606	0636	0706	0736	0756	0816	0836	0851	0907	0922	0937	0952	1007	1021	1035	1050	1104	1119	1135		
Hooley Star Lane	0610	0640	0710	0741	0801	0821	0841	0856	0912	0927	0942	0957	1012	1026	1040	1055	1109	1125	1141		
Coulsdon Red Lion	0617	0647	0717	0748	0809	0829	0849	0904	0920	0935	0950	1005	1020	1034	1049	1104	1118	1134	1150		
Purley Cross Banstead Road	0623	0653	0723	0754	0815	0835	0855	0911	0927	0942	0957	1012	1027	1042	1057	1112	1127	1143	1159		
Pampisford Road Kendra Hall Road	0627	0657	0727	0759	0820	0840	0900	0916	0932	0947	1002	1017	1032	1047	1102	1117	1132	1148	1204		
South Croydon Swan & Sugar Loaf	0630	0700	0730	0802	0823	0844	0904	0920	0936	0951	1006	1021	1036	1051	1106	1121	1136	1152	1208		
Croydon Katharine Street	0633	0703	0733	0806	0827	0848	0908	0924	0940	0955	1011	1026	1041	1056	1111	1126	1141	1157	1213		
West Croydon St Michael's Road	0636	0706	0736	0809	0830	0851	0912	0928	0944	1000	1016	1031	1046	1101	1116	1131	1146	1202	1218		
Redhill Bus Station	1142					1257	1313	1329	1345	1400	1415	1431			1616	1629	1642	1655	1710	1725	1740
Merstham Feathers	1150					1305	1321	1336	1352	1407	1422	1438			1623	1636	1649	1702	1717	1732	1747
Hooley Star Lane	1156					1311	1327	1342	1358	1413	1428	1444			1629	1642	1655	1708	1723	1738	1753
Coulsdon Red Lion	1205					1320	1335	1350	1406	1421	1436	1452			1637	1650	1703	1716	1731	1746	1801
Purley Cross Banstead Road	1214					1329	1344	1359	1414	1429	1444	1459			1644	1657	1710	1723	1738	1753	1808
Pampisford Road Kendra Hall Road	1219					1334	1349	1404	1419	1434	1449	1504			1649	1702	1715	1728	1743	1758	1813
South Croydon Swan & Sugar Loaf	1223					1338	1353	1408	1423	1438	1453	1508			1653	1706	1719	1732	1747	1802	1817
Croydon Katharine Street	1228					1343	1358	1413	1428	1443	1458	1513			1658	1711	1724	1737	1752	1806	1821
West Croydon St Michael's Road	1233					1348	1403	1418	1433	1448	1503	1518			1703	1715	1728	1741	1756	1810	1825

* Know what to do if there is a problem at home with the gas, electricity or water supply. Find out the emergency numbers for each supplier.

Water Supplier	Electricity Supplier	Gas Supplier
Where is your Stop Clock	Where is your Fusebox	Where is your off Valve
Emergency Number	Emergency Number	Emergency Number

* Show how to wash your hands and clean your teeth properly. Know why it is important to do these things, and when you should do them.

Show how to wash your hands properly Signed:	Show how to clean your teeth properly Signed:
Why should you do this properly?	Why should you do this properly?
When should you do this?	when should you do this?

* Show that you can address the below envelope correctly.

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Why are postcodes so important?